

ALLERGIC REACTION

Persons with a history of life-threatening allergies should be known to appropriate school staff. An emergency care plan is needed upon enrollment. Staff in a position to administer approved medications should receive instruction.

A person may experience a delayed allergic reaction up to **2 hours** following food or medication ingestion, bites, bee sting or exposure to chemicals, plants, etc.

- Ask if person is having difficulty breathing or swallowing
- Ask person if they have a history of allergic reaction
- Check for a medical bracelet or medallion

- Does the person have a history or current symptoms of a severe allergic reaction to the recent exposure? (see below)

NO

YES

- Brush off dry substances (wear gloves)
- Flush contact area or substance from skin and eyes with water
- Notify adult supervising person of exposure (bee sting or ingestion) and possibility of delayed allergic reaction
- Observe mild reactions
- Review person's emergency plan



CALL EMS 9-1-1

- Refer to Emergency Care Plan
- Administer doctor and parent/guardian-approved medication as prescribed
- Administer Epinephrine (EpiPen) as per school protocol

Is person so uncomfortable that he is unable to participate in school activities?

YES

- Keep quiet & in position of comfort
- Be prepared to use "CPR"

NO

Return to class

Contact responsible school nurse or administrator & parent or legal guardian.

Symptoms of a Severe Allergic Reaction after Exposure

Difficulty breathing, wheezing
 Difficulty swallowing, drooling
 Continuous coughing or sneezing
 Tightening of throat or chest
 Swelling of face, neck or tongue
 Confusion or loss of consciousness

Pale, gray, blue or flushed skin/lips
 Poor circulation (See "Seriously Ill/Shock")
 Nausea and/or vomiting
 Weakness, dizziness
 Seizures
 Suddenly appears seriously sick
 Generalized rash or hives

Symptoms Of A Mild Allergic Reaction

Red, watery eyes
 Rash or hives in local area or widely scattered

Itchy, sneezing, runny nose
 Localized swelling, redness

