

Lamplighter 3.0

A Contentious Election / Uyen Vu

On the morning of Saturday, November 7th, the weight placed on the American people's shoulders was removed as crowds gathered nationwide, dancing, honking their cars, crying tears of relief, flying flags with the name of president-elect Joe Biden, and marching with homemade signs in celebration of Biden's official election as the 46th president of the United States after winning the battleground state of Pennsylvania. Though, reactions to the election was not uniformly buoyant especially under a nation that has become divided due to the administration of President Trump; devoted supporters of the president, who readily heeded his demand to halt counting in some states and chanted "Stop the vote" outside of ballot-counting centers, showed their dismay through street demonstrations as Trump's early declaration of victory on the night of Election Day was supposedly interrupted by Democrats and their fraudulent ballots.

As the COVID-19 pandemic continued to persist throughout the country with no signs of betterment, the new system of mail-in ballots had to be implemented to accommodate the pandemic despite the election being a watershed for the country. With over 10 million COVID cases and 240,000 deaths ("CDC COVID Data Tracker") under the care of the Trump administration, the purpose of mail-in ballots was to allow Americans to vote without having to risk going out and exposing themselves to large lines at voting centers. Nonetheless, President Trump has blamed the system and Biden's lead thanks to the mail-in ballots turnout for making this democratic process "a stolen election," as the President called it in a tweet. The president often expressed his contempt through Twitter by downplaying the validity of mail-in ballots directed towards the opposing candidate and suggesting interference with the election process by stopping the counting of ballots in states with a Biden lead and filing lawsuits to challenge results of certain battleground states.

While the election was one that kept Americans and the rest of the world on their toes, it's one meant for history books as it amassed the greatest number of voters turnout: president-elect Biden earned 80 million votes while President Trump gathered 73 million. Half of the country may not be satisfied with the outcomes of the election, but Biden reminds the American people in his victory speech that there is no such thing as "Red or Blue states, but a United States."

WHAT HAPPENS NEXT?

Nov 10—Dec 11: States certify the election.

Dec~8: "Safe~harbor,"~which~means~states~have~to~proclaim~winners~and~assign~electors.

Dec 14: Electoral votes are cast. This is the actual date the President is elected.

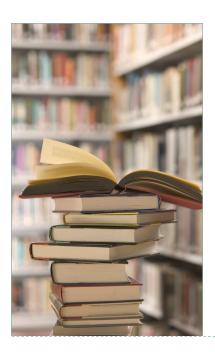
Dec 23: Electoral votes must arrive in Washington, DC.

Jan 6: Electoral votes are counted.



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IMPORTANT UPCOMING DATES

- ⇒ Nov 30: UC Application Deadline (Seniors)
- ⇒ Dec 4: CSU Application Deadline (Seniors)
- ⇒ TBD: Student Hybrid Schedule Begins (postponed)
- ⇒ Mar 2: FAFSA / Dream Act (Seniors)
- ⇒ Mar 13: SAT
- ⇒ May 8: SAT
- ⇒ June 1: Student Intent to Register (Seniors)

"California's Cal Grant...is limited to the first 41,000 applicants"



FINANCIAL AID: THE FAFSA / TAM NGUYEN

Hey Seniors! Have you filled out your FAFSA yet? It opened on October 1st of this year, and although the deadline isn't until June 30, 2021, you should act fast.

If you're applying to college this year, the Free Application for Federal Student Aid (or FAFSA) is a crucial part of getting the money that you need in order to finance your education. In the state of California, in order to qualify for either state or federal grants, you must fill out your FAFSA application.

Even if you aren't a U.S. citizen, you may still qualify for financial aid so that shouldn't deter you. Oftentimes, students can qualify for grants and scholarships, which you don't need to pay back and are basically free money to go to school. Even if you need to take out loans, federal student loans often have much lower interest rates than private ones and the FAFSA also opens up the possibility of work-study programs which will allow you to have a portion of your paycheck go directly to your tuition.

However, FAFSA does not have unlimited funds and aid is issued on a first-come first -serve basis. For instance, California's Cal Grant, which can cover up to most of your tuition and fees as a public college in California, is limited to the first 41,000 applicants that fill out their FAFSA. Although the process of paperwork may be time-consuming, the money that you could save and the degree that you earn will be invaluable to your future successes.





Above: FBLA during an event

Above: Freshman Aimee Bui relaxes at home

STUDENT HIGHLIGHTS: AIMEE BUI

ALYSSA MULDONG

This week, student highlights will be featuring Aimee Bui, a freshman here at Magnolia, associated with the highly selective Cybersecurity CS3² Cohort and other student-led organizations such as GENup Anaheim, which she is the President of.

Aimee is also team-oriented, versatile, and excellent at handling change, an extraordinary hardworking student that is very passionate about improving California's education system and spreading awareness about inequality.

Recently, she began working alongside with the official GENup fand has accomplished many tasks only in a short amount of time. One of the tasks that she has accomplished was to help promote Ethic Studies to the California Senators. Aimee plans to impact our community positively. Aimee states,"I think that this is a collaborative effort rather than an individual effort. Education inequality is something very broad and can be under-acknowledged at times, but that is why working alongside motivated people is so important. I'm working alongside other students across the district and involved in organizations like Diversify Our Narrative, which is pushing for a racially and ethnically diverse history curriculum within our schools. AUHSD is a very diverse district and it is important to see that represented in our history books and texts and continue to be more inclusive."

Something distinctive about her is how she dedicates her time and always gives her best effort on new opportunities. She believes everything that she finished will become special for her and others as well.

What she has done for the past few months is truly inspiring and shows that anyone, in any age group, can make a positive change for other people to benefit from whether it is a small or a huge impact. One of Aimee's goals is to inspire others to take action when there is an issue that they are concerned about. Aimee's advice to MHS students is "Take time to explore what you're passionate about!"

CLUB FOCUS: INSIDE FBLA / CHRISTOPHER MOUA & EDWIN LAINO

Making notable memories in high school and doing something you are truly passionate about is important. A plethora of clubs on campus exist that may spark your interest; some clubs in specific may help you find your passion. Future Business Leaders of America (FBLA) is an academic club on campus and is the largest student-run organization in the United States.

Magnolia's FBLA is run by Tam Nguyen, a junior, with the help of the advisors, Mrs. Noh and Mrs. Pham (pictured below). FBLA, a club run by students, strives to potentially help students find their passion in different categories of business, which consist of graphic design, cybersecurity, financing, etc. FBLA holds competitions that students can participate in, to possibly win awards and medals; however,



FBLA is all about teamwork and collaboration. Tam Nguyen states, "Although competition is a major component of the club, we prioritize our community over test prep. As a team, we are stronger and in order to accomplish that we'll hold a multitude of bonding events and study sessions to help students build lifelong friendships and develop their professional skill set."

Clubs all around campus have different types of events for their clubs -- bonding events and academic events -- and this helps maintain the bond of members; academic events might

consist of competitions in some clubs and this also helps build teamwork around a club because as a team, studying for a competition is essential. FBLA has just that. FBLA has bonding events to help build relationships between the members and officers in order to establish a strong bond. Another event in FBLA would be conferences. These conferences are hosted by higher FBLA leadership, such as Leadership Development Institute (LDI) and the Southern Section Conference, which allow students to network with members from around California.

FBLA soon plans to host a multitude of easy to digest workshops to help students prepare for the future as well as helping students prosper and helping them take their next steps,

FBLA gives out an array of topics you can study and allows the flexibility to decide what you want to study and how to be successful in competitions within that category. The FBLA board also prioritizes member input and plans to regularly release surveys to gain feedback and insight, according to Nguyen. FBLA will also soon have a few community service opportunities through their sponsor, March of Dimes.

Anyone can join FBLA, but it would help if you are self-motivated and determined to do your best. You do not need any prerequisites in order to join. Nevertheless, before joining FBLA there is one thing that you should take into account: there are membership fees of twelve dollars. "However, the nominal \$12 worth little in comparison to the invaluable skills that students will obtain from the club, such as interpersonal communication and leadership," Tam states.

UC DAVIS

ALICE NGO

In this issue's college highlight, we want to introduce you to one of the lesser-known UCs; have you guessed which one it is yet? Here's the hint, this school's campus is the second largest campus in all of the UC campuses. Yes, it's University of California, Davis (UCD), where up to 30,000+ students attend.

As of 2019-2020, UC Davis's acceptance rate was 39%. Some of the top graduate degrees UC Davis offers include medicine, law, computer science, and veterinary medicine. If you're interested in the medical field or computer science, UC Davis is worth your consideration. The school is famous for its Davis Meat Lab, where you can purchase meat... right on the campus. With the agriculture background, UC Davis presents farm animals including cows, horses, chickens, ducks, and so many more. In addition to that, UC Davis has a unique program - Viticulture and Enology, where you study grape growing and winemaking.

Based on research from Brown University, 73% of college students have reported that they sleep less than the hours recommended. At UC Davis, you don't have to worry about sleep deprivation anymore. The school has the Campus Nap Map, which tells you where the hammocks are in the squad. What a perfect environment to chill! Especially after all the pressures of school. Along with that, there are 800 clubs at UC Davis that you can choose from. Whether it's a cultural club, an academic club, a bible study club, or some other club, they all aim to help you explore and satisfy your interests, make new friends, and make great memories together while studying.

CORONAVIRUS-19 HITS MHS / XUAN MAI JOHNSON

With parts of the country starting to open up, the effects of Covid-19 are still persistent. Some communities have little to no access to testing. Robert Stephens, a professor at Johns Hopkins Medicine in anaesthesiology and critical care, says that often there is a neurological symptom for this disease such as depression, confusion, and distress. Sometimes none of the other common symptoms arise.

Researchers and neurologists Ellissa Fory and Julie Helms have discovered that the virus may be able to cross the blood-brain barrier which normally shields the brain from infections diseases, often leading to the brain being oxygen deprived. This conclusion explains why some Covid-19 patients suffered from seizures or experienced depression after developing and recovering from the illness.

These neurological symptoms can be rare and it's uncertain why some people have more severe symptoms compared to others with the same illness. However, what we do know is that Covid-19 can attack other organs as well, such as the lungs and kidneys. The treatment for those cases are more straightforward and even without a vaccine, respirators and dialysis machines serve as a temporary solution. One fact is clear: Covid-19 definitely imposes more dangerous repercussions than the flu, even though infection rates don't always equate to an increased death toll.

Unfortunately, Magnolia High school can personally feel the effects of Covid-19. Mr. Jimenez, a World History and AP European History teacher, had an uncle who recently passed away due to the virus. His wife also got Covid-19, and thankfully she recov-

ered. There shouldn't be any question about whether the virus exists, and everyone should take all the necessary precautions to avoid contracting the disease.

Additionally, Mrs. Paananen contracted the virus from her husband, who contracted the illness from a coworker that went to work knowing she had Covid-19. About eight people were **unnecessarily** infected because of one person's negligence.

Mrs. Paananen mentioned an important detail: fever checks are not foolproof because she never had a fever. Mrs. Paananen also said that she experienced symptoms like a severe flu, extreme exhaustion, body aches, sore throat, and the inability to think clearly (even though she could still talk). It took two months for her sense of taste and smell to return and after having Covid-19, and recalling certain words became slightly more difficult.

Like Mr. Jimenez, Mrs. Paananen emphasized that everyone should practice social distancing and wear a mask. She is a perfect role model for "walking the talk" as she doesn't want to risk infecting her grandma or newborn niece by visiting. In a world without the pandemic, she most definitely would.

Her experience is a prime example of how someone's selfishness or carelessness could make other people sick and/or potentially die. It should be common sense: don't endanger other people's lives, and always follow distancing procedures and guidelines. Do your part to protect yourself and the lives of others from Covid-19.

CORONAVIRUS SAFETY



Follow these easy steps to help prevent the spread of COVID-19.



SPORTS DURING THE PANDEMIC / LIANA SANJINES VELASCO

News and Updates on Sports

Though Magnolia's sports teams have still not been at its full capability of practicing, we have now moved on to stage two. We hope to see good news for our sports teams, and hopefully soon all sports will be practicing and preparing for games! Some sports that have begun practicing however are, track, volleyball and cheer. Even when practicing, student athletes must now expect the mandatory safety guidelines for practice such as wearing a face mask, staying 6 ft apart, and sanitizing hands along with equipment after each practice. We need to keep our sentinel spirit and be optimistic during this time, but still remain safe by social distancing, and taking safety precautions! On another note, the Tennis Courts are still under construction for their new and improved tennis courts. There has been lots of progress done, and we soon expect our tennis players to be on the courts once again!



"I know we have to be conscious of the pandemic, so I hope the school will be able to ensure the safety of all students and staff when we are able to return."

ATHLETE INTERVIEW: ESMERALDA PERALTA LIANA SANJINES VELASCO

Today's interview is on one of our student athletes, Esmeralda Peralta. Esmeralda is a sophomore tennis player, who was able to speak to us and tell us how covid and our situation in general has impacted/affected her. From doing online distance learning, much of our situation requires getting adapted to this new normal.

I spoke with her and asked her that with online school and no Tennis, what have you been doing to stay active?

From Esmeralda's point of view, she discussed and shared with me saying that, "Sometimes it's hard for me to stay active because of schoolwork and other situations going on at home. However, there's times where I'm playing soccer and running around with my siblings in the backyard. Or, I'm either doing a seven minute workout from an exercise app I have. One way or another I try to find an activity that is able to relax my mind for a while, after a long day of online school."

As a student athlete myself, I completely agree with Esmeralda, and how online school has been hard, especially with finding the motivation to do it. Everyone has lots of hope for this year and the upcoming year. We hope that some of these give you motivation to keep trying in school, and putting all of your effort towards each class and all of your goals.

Esmeralda shared some hopes she has for this school year: "I hope that school is able to open soon, but obviously when it's appropriate. Online school isn't the best, but I know I have to look at it with a bright side. For sports, I hope all sports can start to

practice, in which we are able to see our teammates and coaches. I know we have to be conscious of the pandemic, so I hope the school will be able to ensure the safety of all students and staff when we are able to return."

Lastly, we hope that this has been an informational insight on sports and interesting words from a student athletes perspective. With online school it has been hard for many students, so remember that if you need assistance or help, you can go to the after school online tutoring sessions that magnolia offers. Check your emails for the tutoring link and times/schedule. Even though this year has been very different from any

other year, we can turn it around and look at the bright side of this

I hope you learned something from this week's student athlete Esmeralda and we hope you have a safe week! Keep your head up sentinels, we have lots to look forward to!



VIRTUAL ASSEMBLY / ISABEL DELA CAMERA & EDWIN LAINO

The sudden change from in-person school to online school had shocked the entire country. Despite this change, Magnolia High School decided to work around this "new normal" and continue to spread school spirit as if we were still on campus. More spe-



cifically, Magnolia's ASB and staff planned an online assembly for all Sentinels to view. This online event was held on October 29th, an asynchronous day. However, since this was the very first online assembly that our school hosted, what exactly was it like and how will this affect future school events?

We've received constant emails regarding this assembly as it was closing in but we decided to interview two different ASB members along with a junior student and a senior who participated in the assembly and received their thoughts and views about this online event to receive some student insight on the situation.



Rahi Patel, current Junior vice-president of ASB, felt that this assembly was "something interesting to try out, especially when ASB upholds the position of trying to spread positivity despite the conditions." ASB came together to create this virtual assembly for the students as a way to spread good vibes among the students due to the fact we lost a lot of this school year thanks to the virus. Though the whole situation is not ideal, they managed to take the time to put something together for everyone to enjoy safely at home. Also, Brian Mendoza, performing arts commissioner, mentioned that there will most likely be more virtual assemblies in the future. Despite the high possibility of going back to school for second semester, the chances of events like assemblies or dances are rather slim, but we would have to wait and see what the school will have to say about it when the time comes since anything could change at the last minute with how unpredictable things have been lately.



Moving onto interviewees who aren't a part of ASB, like Chelsea Ramirez, one of K-pops leaders and current senior this school year. Chelsea mentions that due to the pandemic, they've been unable to connect and grow close as a club this year and so growing bonds have been proven



to be rather difficult. However, they will continue to try and do their best for each assembly that comes their way, whether virtual or in person. Hopefully, they keep their spirits high and we can safely return soon to be able to see student performing groups like KDC, Spirit Squad,

work around this continue to spread we were still on campus"

essary. However, she still saw it as something that could be fun and watched it live that day. Hopefully, many students had a similar mindset and decided to watch the assembly of curiosity and high hopes. It may not be as exciting as a real performance, but the effort was still there so hopefully many students gave the performance a

Hip Hop, and more in person. Another person we interviewed was Evelyn Le, a current 11th grader, saw the assembly as rather odd and maybe even a tad bit unnec-

chance, and, if there is another one, it would be great if more students will happily participate and listen in.

All in all, we can maybe expect to possibly deal with a few more virtual performances this upcoming school year if the requirements continue to be a no-go in terms of in-person assemblies or events. While it may be sad and rather disappointing, we should all do our part to accommodate towards the situation and be thankful with what we do have and what we were given. Big thank you to all the students and staff involved in this Falls Assembly, we hope to see more next time, whether virtual or inperson, we'll be looking forward to it!

Honor Student Rahi Patel Nominated for The Congress of Future Medical Leaders

Rahi Patel, an 11th Grade at Magnolia High School of Anaheim is a Delegate to the Congress of Future Medical Leaders on November 21st and November 22nd, 2020. The Congress is an honors-only program for high school students who want to become physicians or go into medical research fields. The purpose of this event is to honor, inspire, motivate and direct the top students in the country interested in these careers, to stay true to their dream and, after the event, to provide a path, plan and resources to help them reach their goal.

Rahi's nomination was signed by Dr. Mario Capecchi, winner of the Nobel Prize in Medicine and the Science Director of the National Academy of Future Physicians and Medical Scientists to represent California based on his academic achievement, leadership potential and determination to serve humanity in the field of medicine.

During the two-day Congress, Rahi Patel will join students from across the country and hear Nobel Laureates and National Medal of Science Winners talk about leading medical research; be given advice from Ivy League and top medical school deans on what to expect in medical school; witness stories told by patients who are living medical miracles; be inspired by fellow teen medical science prodigies; and learn about cutting-edge advances and the future in medicine and medical technology.



This is a crucial time in America when we need more doctors and medical scientists who are even better prepared for a future that is changing exponentially. Focused, bright and determined students like Rahi Patel are our future and he deserves all the mentoring and guidance we can give him.

The Academy offers free services and programs to students who want to become physicians or go into medical science. Some of the services and programs the Academy offers are online social networks through which future doctors and medical scientists can communicate; opportunities for students to be guided and mentored by physicians and medical students; and communications for parents and students on college acceptance and finances, skills acquisition, internships, career guidance and much more.

The National Academy of Future Physicians and Medical Scientists was founded on the belief that we must identify prospective medical talent at the earliest possible age and help these students acquire the necessary experience and skills to take them to the doorstep of this vital career. Based in Washington, D.C. and with offices in Boston, MA, the Academy was chartered as a nonpartisan, taxpaying institution to help address this crisis by working to identify, encourage and mentor students who wish to devote their lives to the service of humanity as physicians, medical scientists.

Rahi's Experience

Being part of the Congress of Future Medical Leaders and Physicians was one of the best experiences that I have been a part of in my high school experience. Ranging from meeting a 15 year old girl that created an invention based on lead contamination in water to meeting Nobel Laureates that are entitled as the world's greatest minds, I was blown away by the advice and experiences they have been through in order to save lives and help make a difference in today's society. In addition, I met one of the "strongest" people in the world that survived ebola, amniotic fluid embolism during her labor of her 3rd child, and a woman that underwent the world's first full face reconstruction after her husband abused her profusely, as well as medical deans from prestigious medical schools and college admission officers. As a junior that aspires to become an orthopedic surgeon one day, watching a live surgery through a screen and this opportunity definitely taught me so many moral lessons that I would not have received from anywhere else: failing your way to success, determination, how wearing your coat increases your respect, and so much more. More importantly, this Congress allowed me to change the way I viewed the medical field and made me more confident in my ability to create a profound effect as a 16 year old or as a surgeon in my future.

RECONSIDERING EATING MEAT

XUAN MAI JOHNSON

It's easy to kill a spider. Mosquitoes. What about a squirrel? A small turtle? A rabbit? Would someone kill their own horse? People eat pigs and cows everyday, but why do they reject the idea of eating their own cat or dog?

First off, history doesn't justify the consumption of meat. Historically humans have practiced discrimination

against other races for hundreds of years. Isn't there some discrimination involved when people choose to eat chicken yet refuse to eat their own pet?

The plain fact of the matter is that whatever excuse people may come up with to justify their eating habits, there's no denying that people are addicted to eating meat. This is due to the tastiness of food com-

bined with the desensitization of animal slaughter.

In some third-world countries, the slaughter is evident because it happens in plain sight. People will dump their neighbor's dog into a boiling pot. The fact is, the identical event occurs in America (in meat processing plants where it's easier to ignore). Chickens are scalded in hot water, and cows are electrocuted and are paralyzed in pain before death.

A lot of people today are caught up in city-life. Thus, bonds between animals besides dogs and cats, and maybe rabbits aren't formed. I know the feeling when a goose comes running because it recognizes me. If chickens aren't too shy, they might let someone hold them for a minute or two. Animals have their differences, but chickens, cows, and pigs are just like dogs and cats.

Just like any other addiction, individuals must have the willpower to replace their bad habit with new positive ones. It is surprisingly easy to eat spaghetti without meatballs,

> and change ham sandwiches to egg sandwiches. (Unfertilized eggs please.) Vegetarianism often helps people make healthier choices because vegetables become a more primary source for nutrition; however fries, potatoes, ly require meat. It's optimal if people can embrace a healthy lifestyle and a cruelty-free diet at the same time. People have to realize

> and pies don't necessari-

and remember that meat at the market came from an animal that was once living and breathing. The lion has to eat the zebra because it's a carnivore. Humans cannot use the same justification of existence and survival because we are omnivores. Clearly, animal slaughter is neither humane nor acceptable. The decision to not eat meat is one step closer to

making animal brutality nonexistent globally. Try a meatless meal. Be vegetarian for a day. One day will turn into one week, then one month, and hopefully years. Join the effort to oppose animal butchery by not eating meat.

"I know we have to be conscious of the pandemic, so I hope the school will be able to ensure the safety of all students and staff when we are able to return."

WHO classification of red and processed meats IARC* Carcinogenic Classification Groups

Likelihood causes cancer High to Low Causes cancer: Processed meats including Sausages and hotdogs Probably causes cancer: Red meats including Beef Lamb International Agency for Research o off the mark.com How gross! Get that dead thing out of my kitchen!

STUDENT SUCCESS:

- Make sure you attend every class and stay focused (i.e., no multi-tasking) during the class.
- Create a schedule for when you'll accomplish each homework assignment.
- Read 20 minutes a day.
- Email teachers to see what missing work can be made up.
- Look through Schoology (or Aeries, depending on the teacher) and make sure everything is accurately entered.
- ♦ Ask your teacher what the late-work policy is.
- Keep in mind—your teachers want you to succeed. Ask for

WHAT TO DO IF YOU'RE STRUGGLING

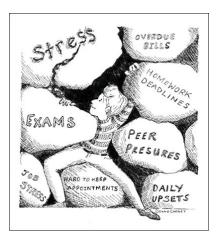


Illustration Source: thatimayknow.com

There's no doubt that the Coronavirus has hit Orange County hard, and Anaheim currently has the second highest number of cases. Truthfully, we're all struggling. Nothing is normal.

If you are experiencing any kind of hardship—emotional, social, academic, or physical—the first step is to communicate. Let someone know. Every Tuesday & Thursday, we check in with our 2nd period teachers; this is the perfect time to let a teacher know. There

are people dedicated to helping you through whatever the challenge is.

If you are struggling with grades, email your instructors as soon as possible. The semester ends in only three more weeks. Magnolia teachers are known for how much they care and how much they're willing to work with you—but you need to initiate the conversation as soon as possible. At some point, teachers will no longer accept make-up work or let you retake tests or rewrite papers.

Magnolia High School

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Do you have an idea for a story? You can submit stories or ideas to Mr. Turner at Turner_R@auhsd.us. We encourage guest contributors to keep stories around 350 words.

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The More You Know......



In the 18th century, Lamplighters literally went out at night and lit the gas lamps that lined the streets. In the morning, they put out the lights. We're not sure how our newspaper ended up with that name.

