Spring, 2021

Lamplighter 3.0

Distance Learning / Chris Moua

# Points on the system / schedule

With the year starting off virtually, many students and teachers start to adapt to a new system and a new schedule. One of the biggest factors that was implemented were asynchronous days.

These days have helped many students find their pace and allow students to work at their own rate. Seeing so, a question could be brought up and that is: when students return, will we see the implementation of Asynchronous days again? Or will we go back to a regular schedule with the same way of doing work.

# **Points on Applications:**

Many applications helped teachers in teaching students such as Peardeck, Nearpod, and Schoology. These applications aided teachers in having interactive lessons despite learning virtually. Even then, it's been some time since we've attended in person, we cannot predict when we will return. Even then, would everything be the same? Would we have students going to classes everyday and staring at a physical paper copy of work? Nevertheless, many of these applications have formed a foundation for virtual learning.

Through this virtual learning experience, many of these applications have helped a lot of students and teachers with effective learning. The question at hand is: will any of these applications be utilized when students return to school physically? Peardeck and Nearpod have a unique way of allowing students to share their thoughts very easily through a text box.

Will this be more effective than having students hand-write and turn in a bundle of paper?









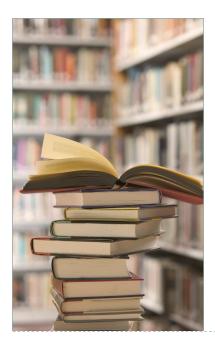
# Kami

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Volume 1, Issue 2



# IMPORTANT UPCOMING DATES

- $\Rightarrow$  April 19: Clash of the Classes week begins
- ⇒ May 8: SAT
- $\implies$  May 25: Last Day of School
- $\Rightarrow$  May 26/27: Modified Graduation Ceremonies for AUHSD
- $\Rightarrow$  My 28: Graduates wake up, wondering "Now what?"
- $\Rightarrow$  June 1: Student Intent to Register (Seniors)

*"John Hopkins University has developed a curriculum to...stop the spread of the COVID-19 virus."* 



**Upcoming Webinars:** •Wednesday, March 31 (3-4pm)

•Wednesday, April 7 (3-4pm)

•Wednesday, April 14 (3-4pm)

•Wednesday, April 21 (3-4pm)

# THE SCIENCE OF COVID-19

Rahi Patel most recently attended the Congress of Future Medical Leaders Virtual Conference, where he made an acquaintance with a Dr. at John Hopkins University. Rahi then took it upon himself to contact the Doctor, meet with our admin team and district cabinet leaders and as a result, Rahi has created a path for all students in AUHSD to participate in a no-cost program that promotes awareness and understanding about COVID- 19.

Rahi Patel introduced our district leaders to Dr. Panagis Galiatsatos (Dr. G), a critical care lung physician at John Hopkins Medical Center. He found out that John Hopkins University has developed a curriculum to build awareness and capacity in youth based on science to slow and ultimately stop the spread of the COVID-19 virus. They created lessons connected to the science behind masks, physical distancing, washing hands and the vaccine as part of what they discuss.

Now, thanks to Rahi Patel, our District is bringing this educational program to our students in a series of virtual, after school webinars for students at all of our sites over the next six weeks. John Hopkins University will host the webinars and deliver the instruction/content to students in the following cohorts/dates in AUHSD.

# SOCIAL EXPECTATIONS IN EDUCATION

#### ALICE NGO

Many people believe that time is limited, but in fact, time is only an illusion. Likewise, numerous people say you must go to college to be successful, but in fact, only 27% college graduates get a job related to their field of study, and they are not even happy with their job; it is up to your choice and your purpose in life that determine how successful you would be.

Have you ever heard "What career are you going to pursue in the future" from someone before? Maybe from a teacher, a friend, your parent, a relative, or even a stranger? Think about it, there is no way we can bluntly say what we want to work as for the rest of our life, when we are just highschoolers. We cannot even decide on what to eat for dinner because there are so many options. Frankly, society expects young folks to decide on what they want to do for the rest of their life. Many parents even take this further by forcing their children to follow certain paths, so that they can ensure their children's success. Here raises the question, what would happen if this ridiculous expectation continues to happen? And what should we do?

The answer is obvious. As can be seen lately, depression rates continue to rise, suicide rates continue to rise, more and more kids becomes numb to what their parents say; they don't know the reason of their existence and why they have to do what is expected of them. On the media, demographics and posts are pushing for higher education as if it is the only option to advance in the workplace and considered "successful." According to the College Atlas Organization, out of all the students who choose to attend a four year college, up to 65% of them dropout. Among the most common reasons lies in the fact that students originally don't know why they go to college for. Moreover, only half (47%) of the American population is happy with their job according to Forbes Magazine.

As a student, rather than thinking about a job that would provide you enough to live, think of a lifestyle that you want to have for yourself, and for your family later then. College would be a great option if you are interested in adding more educational knowledge to your life and want to have certain skills for a job. If learning theory isn't for you, there are other ways. From being an entrepreneur, stock broker, real estate developer, to so many other fields that don't require complicated prior knowledge. The choice is yours, and the opinion is yours. Don't let the public opinion twist your own life.



# STUDENT HIGH-LIGHTS : CHELSEA RAMIREZ

#### Alyssa Muldong

This issue of Student Highlights features Chelsea Ramirez. Chelsea is a senior and will be graduating this year, 2021. Considering the

fact that the Class of 2021 ceremony is still debating whether it will be held virtually or in person, she continues to finish strong. This senior holds positions in multiple clubs such as being the President of both DREAM Club and Friday Night Live. As she holds these titles, she enjoys singing and dancing with her friends along with her peers in Chamber Singers and KDC. Chelsea is known as a great leader as she is one of the KDC Captains and volunteers to sing solos in many well known events.

Chelsea is currently passionate about helping others by spreading awareness about the negative effects of taking in drugs and ecigarettes. She states, "Yes, I do plan to make a positive impact which is why I chose to be part of FNL. I love the message that they have and it was something that represented what I believed in since I was young. Through FNL, I was able to speak out against substance abuses as well as helping the community."

A strength that Chelsea have is her creativity. She finds it comforting and it covers things she loves such as writing, drawing, and helps her out into her studies. One thing that is distinctive about Chelsea is she is fluent in 3 languages since she was three. She loves learning other languages and is currently learning 3 more languages.

Some advice that Chelsea wants to share with MHS is, "Honestly, just don't procrastinate. It's a terrible mistake and I've done it several times. I feel like I never learn from it, but I don't want anyone else following that same path. Please stay on top of your classes!"



# $CORONAVIRUS-19 \ UPDATES \ / \ \text{xuan mai johnson and alyssa muldong}$

## **COVID-19 Updates**

In mid December 2020, COVID-19 vaccines have now been distributed throughout the U.S. Citizens ages 65 and older are now able to receive the vaccine. At the beginning of January, vaccines were now available worldwide. Scientists stated people that are essential workers and more vulnerable to the virus are the only ones that are supposed to get the vaccine. Then, continue down to younger ages as time goes on. In February, COVID positive rates have to seem to decrease in the U.S and throughout the world.

In Orange County, medical workers and Orange County workers have volunteered to

provide people the vaccines. This workforce is now known as The Operation Independence. Over 4,600 Eldery and essential workers have been able to get the first COVID vaccine at the Disneyland Parking Lot.

## Information About the Vaccine

The COVID vaccine consists of nonactive COVID cells that are weak enough for the human's immunity system to fight off against. COVID vaccines are re-

quired to be placed in incredibly cold temperatures from  $-4^{\circ}$  F. to  $-94^{\circ}$  F. In order to be fully vaccinated, a patient must receive two doses of the COVID vaccine. First, the patient gets the vaccine. The first dose decreases the rates of getting COVID to 50%. After getting the first dose, patients must wait 28 days after the first dose to receive the second dose.. Once the same patient gets the second vaccine, the second dose decreases the rates to 80% to 90%.

## Side Effects of the Vaccine

Once the vaccine has been injected, the patient needs to wait at least 5 minutes if there will be any side effects. At the site of injection, patients can experience soreness, pain, swelling, and redness. Other side effects include difficulty breathing, chills, tiredness, and headaches.

# Who Should Get the Vaccine?

The FDA recommends the Moderna vaccine for people above the age of 18. The FDA also permits patients 16 years and/or over to receive the Pfizer-Biontech vaccine. The vaccine is not recommended for people that were allergic to the first dose of the vaccine, or any of its ingredients.

# <u>People's Perspectives on the Vaccine World-wide</u>

The Magnolia's Lamplighters have interviewed some students and administrators about their perspectives of the COVID vaccine that have been developed in a short amount of

> time. Are they really worth it? Do you think it is actually safe? (Data and Some People's Opinion) These are some perspectives from people worldwide. (Opinions From Worldwide)

# Vaccines and Pregnant Women

Scientists were able to create a vaccine in a short period of time. Due to this and ethical concerns, pregnant women were not able to be

tested. Doctors have given some options to those pregnant women to choose to take the vaccine as soon as possible or take it after giving birth. Women that were hospitalized for extended periods of time due to COVID-19 have a higher risk of premature birth.

#### Where to Get the Vaccine

Due to intense weather from the past few days, vaccine pods are on hold at the moment. Once the weather goes back to normal, vaccine pods will be held at the Disneyland Parking Lot and Soka University. As of now, Operation Independence is only accepting 10,000 appointments at a time.

#### **Important!**

The brand of the vaccine must be the same for both doses!



# SPORTS DURING THE PANDEMIC / LIANA SANJINES VELASCO

#### News and Updates on Sports

Anaheim Union School district announced that high schools and middle schools could resume sports starting February 10th. Recently, as of March 12th cross country has one home meet against Western and two away meets against Anaheim and Valley high school.

So far our fastest runner is Jennifer Baltazar with three miles in 21 minutes and 16 seconds. David Rodriguez is a close second from running three miles in 21 minutes and 20 seconds. Also, special shout out to Faris Hattar who ran three miles in 29 minutes 25 seconds.

Tennis also had a recent success by being able to practice on the tennis courts on March 8th.



## **Athletics Update**

The California Interscholastic Federation (CIF) Sports Medicine Advisory Committee has developed a comprehensive document to help school districts prepare for their student athletes to return to athletic activities. In addition, the California Department of Public Health (CDPH), California Department of Education (CDE), and Orange County Department of Education (OCDE) have provided guidance for the reopening of athletics.

#### Student, Parent/Guardian, and Staff Responsibilities

•All individuals are strongly encouraged to review the CDC's guidance in protecting yourself against getting sick. Guidance is located at: <u>https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/index.html</u>

•No more than 10 people at a time will be allowed to g ather outdoors. **Indoor activities are disallowed at this time.** To this end, the District is disallowing spectators at this time, in order to adhere to the local public health orders.

•All coaches and students must maintain 6-feet social distancing at all times.

•Prior to individuals entering the facility, coaches and students will be screened for signs/symptoms related to COVID-19, asked if they have close contact with someone who has tested positive for COVID-19, and a noncontact temperature check shall be conducted. Any staff or student reporting in the affirmative will be returned home.

•Prior to individuals entering the facilities, all hard surfaces and frequently used areas will be wiped down and disinfected; equipment with holes/exposed foam will be covered will be covered up.

•All coaches and students are encouraged to practice good hygiene including proper handwashing, coughing and sneezing etiquette, wiping down weight equipment thoroughly before and after individual use, shower and washout clothing immediately upon returning home.

•All coaches and students are encouraged to don attir e that limits sweat transfer.

•Hand sanitizer will be provided in common areas.

•Face coverings required to be worn by students with the exception of swimming, distance running, or other high intensity aerobic activity.

•No shared towels, clothing, shoes, water bottle, or us e of drinking fountains will be permitted.

•Outdoor workouts will be conducted in "pods" of students with the same 5-10 students always working out together.

•Outdoor free weight exercises that require a spotter cannot be conducted while honoring social distancing norms. Weight rooms shall not be used at this time.

# CLUB HIGHLIGHTS: KEY CLUB / ALICE NGO

High school, a stepping stone to the real world, where you pre-experience possibilities that might happen years after; and without being a part of a club, this pre-experience wouldn't be as realistic. Let's be honest, we have all found some clubs unattractive, we have all questioned ourselves why the club isn't really what it sounds like, and we have accumulated a bad image of joining clubs, right? That is actually the point of joining a lot of clubs: figure out where you want to stay, an environment where you can learn, grow, and relate. Among the most inclusive and outgoing clubs here at our Magnolia High campus, Key Club is definitely a must-try.

Run by Augustino Nguyen as of 2020-2021, Magnolia Key Club has brought itself numerous extra members, creating a positive and uplifting environment. As a matter of fact, Key Club is a student led organization that runs throughout the world. Upon its birth, Key Club is meant to build leadership, inclusiveness, character, and caringness through the use of community service events and social bondings. For anyone who wants to earn community service hours, Key Club provides a variety of service events, and they also keep track of your hours.

In the past, Key Club members would

always get the chance to participate in events such as marathons, food distributions, Fall Rally South, and so many more. Due to the pandemic, the club has switched to an online method of service through applications that allow members to entertain themselves as well as support the community by completing certain tasks. In addition, within this school year alone, Key Club has collaborated with many on-campus and outside-campus organizations to create workshops with the hope to help members learn valuable leadership skills. Not only provides members with service opportunities, Key Club is well-known for its generous heart. With the goal to help end pediatric trauma, a leading cause of child death, all members are encouraged to participate in fundraising events, and all profits go directly to the Pediatric Trauma Program.

Key Club is open to everyone and there is no prerequisite upon joining the club. However, keep in mind that there is a small membership fee of thirteen dollars. This fee goes toward the club's equipment, transportation fees, and emergency funds. "Though there is a \$13 fee, it is a small price to pay for the many memories and experiences made in Key Club," Augustino affirms.



not only about my health but also my family's. I DO want to return to Tennis practice, but I just can't put the people I care about in danger." When it comes to our families safety, and what's best for them, we do what's right, and the sensitive topic about Covid has brought a lot of sadness for many families, and hard times for others. Magnolia does not want anyone to feel at risk or unsafe about going back to sports, which is why they are doing everything they can to keep a social distance, and follow safety precautions/proper guidelines while playing sports. If students don't

tough for her). So, it's

feel safe or feel at risk if they do go back, it is 100% okay, and is the reason why sports are strictly voluntary. We understand this, and Magnolia has taken this into consideration knowing that not all student's will return to sports year.

Although more and more places are now opening up, it doesn't take away from the fact that we are still amid a pandemic, which means it is still not quite safe for us to go back to school. As of March 4, AUHSD has held a board meeting, and has come to the conclusion that we will not be returning to school for the 2020-2021 school year. Sports will still be allowed, with the rules and guidelines of course.

Regarding Magnolia's sport guidelines, Sirajam has spoken and said, "I feel that it will be hard to make EVERYONE follow the safety measures because it's not like the school can keep monitoring us 24/7."

With that being said, we all miss school, seeing our friends, teachers, and overall having the feeling of how life used to be, before it changed within seconds.

When we asked Sirajam what she missed most, she reported back saying, "Everything. I miss hitting with my friends, laughing together, laughing at myself when I mess up, talking to the coach, swinging my racket like a maniac, and much more. I miss EVE-RYTHING about Tennis. It was the best thing I did in 9th grade. It was fun, relaxing, and (in a way) adventurous."

said Sirajam Munira. "In my family, there are people who

health but al-

so my fami-ly's."

# the ball back and forth. However, even though I am utterly excited, I can't

go back to Tennis safely so that everyone stays safe,"

Staying home all day can feel like an endless cycle, and many of the ways Sirajam has stayed active is through her own workout routine, PE workouts, and going on jogs around her

mask). I'm glad many students have adjusted to this newmight not survive if health and well being, to they catch COVID-19. So it's not only about my

normal lifestyle, and are doing things for their own

neighborhood (with a

get away from the same routine that is online distance learning.

The opening of states, and public places, comes with the risk of contracting the virus. Many are afraid of the danger Covid-19 can cause, and the effects it can have if one is exposed to it. It is understandable why many students and parents are uncertain to go back to sports. Sirajam has shared with us how she feels about her safety if she goes back

swing my racket and hit

As the cases in Anaheim have decreased, more restaurants, stores, and soon to be amusement parks have begun to open. Now, the AUHSD school board has allowed all sports to resume for Magnolia's student athletes to partici-

to school/sports, and has said, "I might be worrying too much, but you see, in my family, there are people who might not survive if they catch COVID-19 (for example, my mom who has type 2 diabetes. It might get very

# ATHLETE INTERVIEW: SIRAJAM MUNIRA LIANA SANJINES VELASCO

pate in. This semester, Journalism Club has had

the opportunity to interview another Student Athlete to report on how they've felt throughout the ups and downs of this pandemic: Sirajam Munira (10th) who is in Tennis.

"I feel absolutely excited about going back to Tennis!! I can't wait!! I am looking forward to being able to help but worry about my health and the health of those that I care for (my family and my friends). I just hope we are able to



7

# MHS WELCOMES DR. DABNEY / PAOLA RAMIREZ AND NATALIE MARTINEZ

# Why did you choose to be principal at Magnolia?

I joined the Sentinel Family as a Principal here at Magnolia because I believe in the students, staff and families of Magnolia High School and I want to be a champion for the Sentinels! As principal, I am advocating for our staff, students and their families and advocating for resources and programs that will benefit our school. I am working hard to highlight all of the wonderful things happening here at Magnolia. Our school is amazing and I want to make sure that every-



one within AUHSD and outside of our district hears and sees all of the great things happening here! Magnolia has been called a " hidden gem" of the district and I want to ensure that we are not hidden and that our Sentinel Community is seen and heard loudly and clearly! We are Sentinel Strong and have so much to be proud of!

# For how long have you been teaching?

This is my 30th year in education and I was a English, drama and art teacher for 14 years before becoming an administrator. I taught in the Inglewood Unified School District and LA Unified "We are Sentinel Strong and have so much to be proud of!"

School district before going on to be an Assistant Principal at Downey High School and Huntington Beach High School. I was then Principal of Ball Junior High for six years before coming to Magnolia as Principal.

# What inspired you to choose teaching as your major?

I was inspired to become a teacher for several reasons. I come from a long line of educators, my mother was a teacher and my father and all of his brothers and sisters were teachers. My paternal grandfather never had the chance to finish school but he made sure that my father and all of his children went to college. My father attended segregated schools until he was a junior in high school, but he went on to graduate and earn a masters in education from Temple University. The importance of education has always been instilled in me from an early age. I believe teaching is the single most important profession because teachers inspire and transform the lives of others.

# Do you have any advice for our Sentinels?

I want to encourage all Sentinels to have a growth mindset when it comes to learning and and continue to be open minded and persevere when things get tough. Know that you are capable of achieving great things. Believe in yourself and never give up. Treat yourself as your own best friend and do not allow negative self talk to keep you from following your dreams. Lastly, live the life you truly want to live. Be compassionate and kind to others. Know your worth and know who you are and where you come from. Never allow others to define you or tell you who you are.

# How would you describe your leadership style?

I am not a top-down leader. I am a collaborative leader that believes that leadership can be found in every person. Making decisions based on listening to many voices and considering a variety of ideas and opinions is very important to me.

# Do you think that pineapple belongs on pizza?



I think it belongs on pizza only with canadian bacon. My favorite pizza is from Downey Pizza Company--they have the best pastrami pizza with mustard and pickles!

# MRS. MUNDY ONE OF 3 DISTRICT TEACHERS OF THE YEAR

Mrs. Mundy has been selected to be one of three District Teachers of the Year, the first time that Magnolia High School has sent a teacher to be in the running for the Orange County Teacher of the Year since 2007.

For the past fifteen years, Mrs. Mundy has worked for students at Magnolia High School, often advocating for students that too often are overlooked. She has a great heart for kids and genuinely cares for their well-being, often going above and beyond to ensure that they feel noticed and appreciated.

In her time at MHS, she has taught a wide range of classes, including honors 9th grade, beginning ELD, AVID, and Learning Skills, a class devoted to helping students rise above challenges to find their way to success. Currently, she teaches ELD and is a constant fixture in the Senior English team.



Sixteen years ago, she arrived on our campus as a student teacher, armed only with a leather briefcase, a corduroy blazer, and a dream to be the best teacher possible for all students. She quickly became a beloved force among her students and a respected team player among the faculty and staff.

In 2020, when the Coronavirus pandemic exploded, she organized MHS teachers who donated money and time to search out students that needed assistance with food; these actions, according to Mrs. Mundy, were inspired by witnessing her "parents as they have selflessly jumped in to problem-solve during times of crisis or tragedy." She and her team took the donations and shopped for food and then delivered it to the homes in need throughout the year. As one faculty member described it, Mrs. Mundy exemplifies the heart of Magnolia High School and the AUHSD.

From that group, she helped found a non-profit organization, SAFE (Sentinel Assistance Funding Essentials), dedicated to helping students in need. Her fellow MHS teachers Ms. Fumelle, Ms. Foster, Mrs. Dayton, and Mr. Forse all serve on the board of SAFE. They have promoted several fund-raisers throughout the year to pull together funds for Magnolia families in need. For more information, visit Magnoliasafe.org

Orange County Teachers of the Year are announced in April/May of this year.

# What other teachers are saying about Mrs. Mundy:

"Mrs. Mundy is not only an outstanding educator, but she gives back to the entire community with her love and support. She has the most amazing Sentinel Spirit." — Ms. Waxman

"Mrs. Mundy is Magnolia true. What a huge heart!" - Mr. Gallagher

"Her students are so fortunate to have her as their teacher. She is not only an exceptional teacher, she is kind, caring and always has the students' best interests in mind. Magnolia High School is lucky to have her." — Mrs. Pappas

"She is a teacher who leads by example, and she makes her students feel safe and respected every single day." — Ms. Thorne

"She's the definition of an unsung hero." — Mr. Turner

"Mrs. Mundy is guided by her heart. Her compassion has inspired me and countless others for years." — Mrs. Paananen

His scars were her scars.

<b>My Mother</b> by Tuan Nguyen	Crossing Bridges by Ayesha Malick
When we moved in,	My mom's a loud woman
an avocado tree stood lonely on the backyard.	Vibrant, outspoken, and sometimes ob-
Surrounding the avocado tree, dirt was ubiquitous.	noxious But whenever her tongue needs to roll
The dirt was dry as sand.	out some English
The dirt cackled with every step.	It fails to cross over that loudness along a
The avocado tree abhors the dirt's cackle.	bridge; She fears falling into the language barrier
Every laugh chipped away a part of the tree.	it hangs above
Tease no more	See, speaking Bengali comes to her like
Wished the avocado tree.	effortless glides of a figure-skater on steely
Many volcanos, filled with fire ants, covered the enormous dirt island.	ice
Ants engulfed the surrounding plants, taking every bite of life out of them.	Like perhaps, a chef swiftly chopping
Weeds plugged every corner to prevent plants from hiding.	through veggies on a busy day at the res- taurant
The avocado tree felt lost and out of place.	But for her, she imagines speaking Eng-
Determined, she wanted to make a garden for the avocado tree.	lish to be a walk on a bed of needles
After many weeks, she gave the garden a beautiful makeover.	Vou and mumor door not over here on
She plucked the weeds like flowers.	You see, my mom does not even have an accent;
She hacked the ground repeatedly, until the dirt bruisedout a bitter brown.	She never got the chance to develop one
The volcano of fire ants collapsed.	While she did pack her Bengali in a soft
Replenished, grainy dirt became robust fertile soil.	silk purse and tucked it into one of the eight suitcases we compressed our lives
With the scars across her hands, she planted seeds.	into before landing here
Her cuts, bruises, and blisters would only fade away.	She couldn't pack English;
These seeds would bloom into plants and reveal its true beauty.	it was never there for her to pack
Her renovation attracted friendly visitors.	See, my mom, she's never worked any-
Fluffy Squirrels, bright butterflies, and small birds greeted the tree.	where before
Having company, the avocado tree shook off the avocadosto provide for his new	But she still tries her best to cross the bridge
friends.	Because she's no less than a warrior who
The renovation amazed the avocado tree so much that the tree would dance out of	has crossed bridges, multiple ones,
joy.	Which have hung over the wrath of patri-
As the ground would no longer determine its growth, the tree's roots broke free.	archy, the judgment from society, and the stigma around being a woman who never
His fear was composted into laughter.	fails to speak her mind
His laughter was recycled, and his smiles was reused.	Whe cance if the car't areas that are
When it rained, a small puddle formed.	Who cares if she can't cross that one bridge?
The tree saw its reflection.	She has plenty of bridges crossed under
His thick bark was covered with scars-	her elite warrior belt
The scars of lines, holes, and pain.	But I know she will Not because they laugh at her silence in
Despite these marks,	stores
He knew these scars would not affect him.	Not because she makes others wait in
Behind the layers of thick, rough, and stiff skin,	lines while calling me to translate the English rolling out others tongues
he felt immeasurable warmth.	It's all because she is, after all, a deter-
Her care was his care.	mined crosser of bridges,
Her joy was his joy.	No matter what that bridge hangs above.

# 2020 / ISABEL DELA RAMA

As 2021 rolls in and the curtains to 2020 have now shut, it's time to reflect on the rather eventful year called 2020 to remember all that's happened. Loved celebrities now rest in peace, a virus took over the world, and voices were heard. What do you think you remember from 2020?

January 2020: Right from the very beginning of the year, the US was informed of the first case of COVID-19 on January 21st, otherwise known as coronavirus. The beginnings of a time no one would have expected to change our lives for months, though perhaps leaving a dent in our lives forever. On January 26, famous basketball player, Kobe Bryant, and his thirteen year old daughter Gianna, along with several other passengers, had lost their lives that fateful day in a helicopter crash presumed to be due to foggy conditions. Fans and loved ones all around the world were heartbroken, to mourn this loss, memorials, gifts, and memories were set up in many places in honor of the impact he left on many people.

**February 2020**: By February, things seemed to only go downhill. February 5th was the day of the impeachment trial of President Donald Trump, who ran the risk of being impeached but just barely managed from being so due to being acquitted during his Senate Trial. On February 6th, the first COVID-19 related death in the US was announced, little did we know it would be the first of thousands to come in the future. On the bright side, on February 9th, Bong Joon-ho's movie, Parasite, became the first South Korean film to receive an Academy Award recognition as well as the first non-English-language film to win Best Picture, truly an exciting moment within the Asian community in America.

March 2020: Here comes March, a march into a big and sudden change all over the country. Covid cases all over the country began to spike with each passing day by March 13, schools all over the country decided to temporarily shut down. That same day, Breonna Taylor was shot and killed in her home in search of a suspected drug deal. This death will once again be brought up in just a few months. That same day, as well, President Trump finally declared the pandemic to be a national emergency, freeing up to \$50 billion in disaster relief funds. One week later, March 19th, the Department of Labor reported that 281,00 Americans had filed for unemployment in just the last week, which is a 33% increase over the prior week and the biggest percentage yet since 1992. Masks became mandatory and people began to raid their local grocery stores as if it were the last days on Earth. Quite a moment it was. On March 31st, 70% of the US population was put under quarantine, lockdown.

**April 2020**: As this month goes on, Covid-19 cases only grew and grew, affecting society as whole. On April 2nd, it was confirmed to have over a million coronavirus cases worldwide, with more than 6.6 mil-

lion workers filing for unemployment in the United States alone. CDC began to heavily ask and recommend everyone to wear face masks if in public from now on. By April 27, the US alone had finally surpassed a million coronavirus cases with 3 million worldwide. With things only getting worse and worse, people began to get antsy as well, on April 30th, armed protestors entered a state Capitol in Michigan to demand an end to the pandemic lockdown, insisting things simply cannot function like this, missing their everyday lives.

May 2020: Coronavirus cases have yet to get better around this time. Out of the seemingly sudden blue get interrupted with news of the US being invaded with "murder hornets," a big threat to domestic bees, huge and packs a strong sting with venom. Despite the scary news, often encounters with the hornets weren't very likely. On May 25th, a Minneapolis police officer was filmed pressing his knee on the neck of George Floyd for about 8 minutes as he shouted, "I can't



breathe," up until his death a few moments later. This death shook the community and threw people in a fit of rage, disgust, and the desperate want for voices to be heard, especially within the colored

community. May 28th, a state of emergency is declared in Minneapolis-St. Paul as protests over the death of George Floyd and racial injustice spread throughout the nation.

**June 2020:** A month filled with protests and cries to be seen and heard, a month filled with action to fight the discrimination among people of color, especially the black community. Day by day, protests would be held all over the country, small and big, pro-



tests were constantly recurring to try and make a statement to the nation

against police brutality and racial issues overall. However, of course, COVID-19 cases were still rising. By June 10, the number of confirmed COVID-19 cases exceeded 2 million in the US alone. July 2020: Right from the start of July, Governor Gavin Newsom orders tougher restrictions on indoor activities for most of California, enraging many citizens once again for this order. July 4th, a shocking announcement by rapper Kanye West announcing his candidacy in the 2020 presidential election, surprising people around the country. Many took it as a joke but others began to find issue with such a ridiculous statement saying it'd take away votes from who actually deserve the votes.

August 2020: As August came, so did the heat. On August 2nd, firefighters had to fight the Apple fire that burned over 20,000 acres in Cherry Valley as



well as surrounding ares of Riverside and San Bernardino counties leading to the destruction of one home but the evacua-

tions of thousands. By August 16, the August Complex fire starts in Norther California, which by September 9 willhave become the largest fire in California history, fires burning more than a million acres. On August 28, fans all over the world felt sadness ness within their hearts as news of Black Panter actor, Chadwick Boseman, dies after battling colon cancer for the past 4 years. He would surely be an actor and a man many could never forget.

September 2020: The official start for schools

to re-open, though this time, many schools continue to stay fully online for the safety of everyone. On September 5th, The El Dorado fire erupts in San Bernardino County, started by a gender reveal party. September 18th, longserving Supreme Court Justice Ruth



Bader Ginsburg rests in peace at the age of 87, a once strong and honorable representative.

**October 2020**: To hit off the new month, President Donald Trump test positive for COVID-19 and enter quarantine for the meantime. However, in a measly 3 days of hospitalization, President Trump returns to the White House feeling "better than ever." By October 16, coronavirus cases in the US officially surpass 8 million with a 100,000 daily cases. Although the world has yet to return to normal, slowly some restaurants and places begin to open to the public. Plans for public schools to open begin to be considered.

**November 2020**: Presidential elections begin to come to a close, with votes still being counted. On November 3rd, President Trump proudly announces his wins and demands for the voting to be stopped, however, with millions of votes still left to be counted, to the

announce the winner would be much too early. Just four days later, major news organizations declare that



Joe Biden has secured enough electoral college votes to win presidency, though it had yet to be officalized. November 16th, annoucnements that Modernas COVID-19 vaccines appear to be 94.5 effective, according to their preliminary data, definitely a good sign for the future.

**December 2020**: The final month to this seemingly crazy year. On December 14, the first

COVID-19 vaccinations start in the US, the first doses expected to go to front-line healthcare workers



along with residents of long-term care facilities and those of high risks. The very same day, Joe Biden's win is confirmed and will begin his term next year to serve as the 46th President of the United States. By December 20, more than 317,000 people in the US have died from COVID-19. Now, what will 2021 bring us?

Did you remember anything from 2020? What are your hopes for the new year, 2021? From here on out, we can only hope for the year to bring us good

news. 2021 don't disap-

disappoint us.



Breaking Down the Lining of Stigma: Why Taking Care of Our Reproductive Health Should be on All of Our Agendas / Ayesha Malick

The AUHSD roughly encloses an area of 46 square miles, its outreach stretching across the cities of Anaheim, Cypress, Buena Park, La Palma, and Stanton. Having approximately 31,000 students in its system, it is inarguably one of the largest school districts in the State of California. As data shows, more than half of its student population is female. And yet, in the entire area that the AUHSD surveils, students have access to only one Planned Parenthood Center located in Anaheim. Inevitably, a compelling question emerges here: Are the students from the 21 different campuses of the AUHSD, getting the necessary support to access information on things as crucial as reproductive health or birth control?

What better way to gain reliable information on students' perspectives regarding this topic than asking them directly through surveys? To figure out what is needed to push forward a change, our Civic Action Project group, led by four female students of the AUHSD, set out to conduct research. As a result of the multiple surveys that our group directed within AUHSD schools, we were able to realize that many students are not aware of how birth control functions, how to get free access to contraceptives, and are not acquainted with services provided by Planned Parenthood. Furthermore, when asked about if they were satisfied with the information that was being taught in their health class on reproductive health, a majority of the responses were overwhelmingly negative. For the most part, survey-takers who were knowledgeable about sexual health mentioned that they were independent learners learning about

this issue through However, this mon case of learnare supposed to this information in high school. Moreointernet as their reknowledge, there is



sources on the internet. shouldn't be the coming; first of all, students learn thoroughly about their Freshman year of ver, if they are using the source for gathering also the impending dan-

ger of unreliable information being presented to them. Imagine how students must feel when they step into their Health Class expecting to gain valuable knowledge regarding a crucial part and yet, leave through its doors with no information they find helpful.

Consequently, the week that is taken away from students to teach them about reproductive health during their freshman year remains unproductive in many ways; common information that most students are already aware of, lectures on only heterosexual intercourse, and simply touching surface-level information on the complex topic of reproductive health. Within our survey, we received responses mentioning how students do not even remember what they learned back in their freshman year and how they had fervently wished to learn , "More about birth control options, not just pills." and "Why it's better for guys to get a vasectomy than for a woman to receive any form of birth control". Furthermore, another anonymous student wrote how they wanted to learn more in-depth about the menstrual cycle and hormonal changes heralded by puberty.

Societal stigma perpetuates misinformation about birth control and reproductive health, often leading to teenagers believing in myths. And when myths take precedence over the truth, our health is inevitably jeopardized. Therefore, it is important that we—as a community—take an initiative to break down the lining of stigma that covers the wrongfully "tabooed" topic of sexual health. If we do not take imperative action, we deprive our students from essential information they need to keep themselves healthy. And our schools—the largest and most reliable source of information we as students have access to—should revise and strengthen their sex-ed curricula to ensure that students receive adequate information regarding their sexual health.

#### STUDENT SUCCESS:

- Make sure you attend every class and stay focused (i.e., no multitasking) during the class.
- Create a schedule for when you'll accomplish each homework assignment.
- Read 20 minutes a day.
- Email teachers to see what missing work can be made up.
- Look through Schoology and make sure everything is accurately entered.
- Ask your teacher what the late-work policy is.
- Keep in mind—your teachers want you to succeed. Ask for help.

# WHAT TO DO IF YOU'RE STRUGGLING

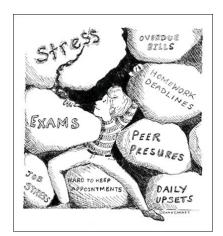


Illustration Source: thatimayknow.com

Magnolia High School teachers have been quick to respond to the struggles of our students. Most teachers have adjusted the workload so that it's less overwhelming for us, and most teachers have expressed flexibility with work that is late or missing.

If you are struggling with grades, email your instructors as soon as possible. The semester ends in only 9 more weeks (!). Magnolia teachers are known for how much they care and how much they're

willing to work with you—but you need to initiate the conversation as soon as possible. At some point, teachers will no longer accept make-up work or let you retake tests or rewrite papers.

There are tutors for academics, social workers for social-emotional issues, support for technological issues, and food services if you're lacking enough to eat. Just start by letting someone know.

# LAMPLIGHTER STAFF

## Magnolia High School

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Do you have an idea for a story? You can submit stories or ideas to Mr. Turner at Turner\_R@auhsd.us. We encourage guest contributors to keep stories around 350 words.



Advisor: Mr. Turner Chair Executive: Christopher Moua Vice Chair Executive: Alice Ngo Writer: Uyen Vu Writer: Tam Nguyen Writer: Alyssa Muldong Writer: Alyssa Muldong Writer: Xuan Mai Johnson Writer: Isabel Dela Rama Writer: Isabel Dela Rama Writer: Edwin Laino Writer: Paola Ramirez Writer: Natalie Martinez Writer: Liana Velasco

#### The More You Know......



In the 18th century, Lamplighters literally went out at night and lit the gas lamps that lined the streets. In the morning, they put out the lights. We're not sure how our newspaper ended up with that name.